

## POSITIVE HUMOUR

**"Laughter is a tranquillizer with no side-effects."** I can't think of anyone who doesn't enjoy a good laugh. It seems to be part of the genetics of being a human! And laughing is good for you too, I'm sure that you have often heard that "laughter is the best medicine" unless of course you are suffering from terminal seriousness!

This article won't explain why it's good for you but maybe you inherently know that it's good for you, you feel great when you laugh and humour is known to reduce stress in the workplace.

### **The experts now agree, that laughter:**

- Is good for you
- Boosts your immune system
- Can be shared
- Relieves tension
- Benefits the mind, body and spirit
- Is free!

Did you know that there are actually laughter therapists who encourage us to flip the switch, eliminate the wrinkle residue and replace it with a cheerful chuckle or a gregarious guffaw! Go on, share the delight...help someone's heart beat with laughter today.

### **A couple of chuckles:**

#### **First week of school**

A little girl had just finished her first week of school. "I'm just wasting my time," she said to her mother. "I can't read, I can't write and they won't let me talk!"

#### **Turkey Time**

A lady was picking through the frozen turkeys at the grocery store, but couldn't find one big enough for her family. She asked a stock boy,  
"Do these turkeys get any bigger?"  
The stock boy replied, "No ma'am, they're dead."

#### **A parrot joke**

This guy acquires a parrot. After a few weeks it's settled into its new home after which it starts swearing like you wouldn't believe. The parrot can swear for five minutes straight without repeating himself. Trouble is, the guy who owns him is a quiet, polite, conservative type, and this bird's foul mouth is driving him crazy. One day, it gets to be too much, so the guy grabs the bird by the throat, shakes him really hard, and yells, "QUIT IT!" But this just makes the bird mad and he swears more than ever.

Then the guy gets mad and says, "Right that's it, I've had enough" and locks the bird in a kitchen cabinet. This really aggravates the bird and he claws and scratches, and when the guy finally lets him out, the bird cuts loose with a stream of vulgarities that would make a veteran sailor blush. At that point, the guy is so mad that he throws the bird into the freezer. For the first few seconds there is a terrible din. The bird kicks and claws and thrashes and uses words even the most vulgar of comedians wouldn't consider. Then suddenly.... it gets VERY quiet. At first the guy just waits, but then he starts to think that the bird may be hurt or deep chilled.

After a couple of minutes of silence, he's so worried that he opens up the freezer door. The bird calmly

climbs onto the man's outstretched arm and says, "Awfully sorry about the trouble I gave you. I'll do my best to improve my vocabulary from now on." The man is astounded. He can't understand the transformation that has come over the parrot.

After the parrot has warmed up a little it says quietly, "By the way, what did the chicken do?"

**It's easy to relate to the naivety of kids - after all we were all kids once.  
But that doesn't stop the things they say and do from being hilariously funny.**

### **Kids Funny Exam Answers**

These are hilarious answers from a catholic elementary school test in the UK.

Kids were asked questions about the Old and New Testaments. The following statements about the Bible were written by children. They have not been corrected (i.e., incorrect spelling has been left in).

The Jews were a proud people and throughout history they had trouble with the unsympathetic Genitals.

Moses led the Hebrews to the Red Sea, where they made unleavened bread which is bread without any ingredients.

The Egyptians were all drowned in the dessert. Afterwards, Moses went up on Mount Cyanide to get the ten amendments.

The first commandment was when Eve told Adam to eat the apple.

The seventh commandment is thou shalt not admit adultery.

The greatest miracle in the Bible is when Joshua told his son to stand still and he obeyed him.

Adam and Eve were created from an apple tree. Noah's wife was called Joan of Ark.

Noah built an ark, which the animals came on to in pears

Solomon, one of David's sons, had 300 wives and 700 porcupines.

Jesus was born because Mary had an immaculate contraption.

It was a miracle when Jesus rose from the dead and managed to get the tombstone off the entrance.

The people who followed the lord were called the 12 decibels.

David was a hebrew king skilled at playing the liar. He fought the Finklesteins, a race of people who lived in Biblical times.

### **Kids' Thoughts On The Sea**

This is a picture of an octopus. It has eight testicles. (Kelly age 6)

Oysters' balls are called pearls. (James age 6)

If you are surrounded by sea you are an Island. If you don't have sea all round you, you are in continent. (Wayne age 7)

Sharks are ugly and mean, and have big teeth, just Like Emily Richardson. She's not my friend no more. (Kylie age 6)



A dolphin breaths through an asshole on the top of its head. (Billy age 8)

When ships had sails, they used to use the trade winds to cross the ocean. Sometimes, when the wind didn't blow, the sailors would whistle to make the wind come. My brother said they would be better off eating beans. (William age 7)

I like mermaids. They are beautiful, and I like their shiny tails. How do mermaids get pregnant? (Helen age 6)

Some fish are dangerous. Jellyfish can sting. Electric eels can give you a shock. They have to live in caves under the sea where I think they have to plug themselves into chargers. (Christopher age 7)