

The Green Light Blues

Last Sunday, whilst watching Kerry win the match, I happened to look away from the screen for a minute, just one minute! during which time I had an epiphany.

Now I know what you're thinking... did Kerry score a goal? Was there a 'Man of the Match' moment? And the answer is no. I looked up at the light bulb hanging snugly in its shade and suddenly realised that it was covered in dust. "That's an epiphany?" I hear you ask. Well take a look at the facts:

Dust build up on bulbs can reduce the light intensity by 25%. Thus encouraging you to either put on more lights or buy a higher power bulb (or just squint)

So, if you remember to dust your light bulbs (obviously while switched off) you have a better functioning light source. Which means you won't be inclined to switch on another light or buy a higher intensity bulb.

Now, that's good for the environment & good for your pocket.

Here are some other green facts you might like to know:

Energy:

When replacing hard to reach light bulbs, such as an outdoor porch light, replace them with energy efficient compact fluorescent bulbs. You won't have to change them for 7yrs!

Water:

Collecting rainwater for your lawn and garden is free & better for your plants.

Air:

When you buy locally grown produce. You know firstly, that it will be in season which is good for your health & secondly, it will have a much lower transport pollution effect on the air we breath. You can also feel good about the fact that you are doing your bit to cut down on carbon emissions.

Earth:

Using re-usable cloths instead of paper towels to clean or polish, avoids waste, saves you money & protects the environment.