



GREEN REALITY

After our white, Swarovski, picturesque start to 2010, there came the big thaw. Now our attention turns to all things green and what we can do to create a sustainable future for our families. The big freeze was a shocking reality check. Environmental change issues are with us here & now, it's not something that will happen in the future, it is already changing!

The big freeze turned into an even bigger thaw which left us with a massive water shortage and great big holes in our roads, leaving the roads for a later edition; let's look at what we can do, every day, to conserve water.

The Facts - Household Water Usage

Did you know that if your household has a power shower ... you are using approximately 720 litres per day!

The Facts - Personal Water Usage

Did you know that each person uses an average of 148 litres per day?
Drinking water will only account for an average of 2 litres of water per day, per person!

There are a number of ways to save water, and they all start with you!

Turn the tap off when you brush your teeth

Turn off the water while brushing your teeth and save 25 gallons a month.

Wash vegetables in a basin or bowl

When washing dishes by hand, don't let the water run while rinsing. Fill one sink with wash water and the other with rinse water, if you have only one sink use a separate bowl.

Repair dripping taps

We're more likely to notice leaks indoors, but don't forget to check outdoor taps, sprinklers and hoses for leaks.
Know where your master water shut-off valve is located. This could save water and prevent damage to your home.

Take a shower instead of a bath

When running a bath, plug the tub before turning the water on, and then adjust the temperature as the bath tub fills up.

A household with power shower and a sprinkler uses a staggering 5,220 litres of water every day!
Use a water-efficient showerhead. They're inexpensive, easy to install, and can save you up to 750 gallons a month

Run washing your machine and dishwasher only when it's full

When you are buying a new appliance, consider those that offer cycle and load size adjustments. They're more water and energy efficient.

Run your washing machine and dishwasher only when they are full. You can save up to 1,000 gallons a month.

Wash dark clothes in cold water and save on both water and energy and it helps your clothes to keep their colours.

Fill a jug with water and store in your fridge

For cold drinks keep a jug of water in the fridge instead of running the tap. This way, every drop goes down you and not the drain!

Be sensible In The Garden

Set a kitchen timer when watering your lawn or garden to remind you when to stop. A running hose can discharge up to 10 gallons a minute.

When cleaning out fish tanks, give the nutrient-rich water to your plants.

Soak pots and pans instead of letting the water run while you scrape them clean.

If you accidentally drop ice cubes when filling your glass from the freezer, don't throw them in the sink. Drop them in a house plant instead.

For hanging baskets, planters and pots, place ice cubes under the moss or dirt to give your plants a cool drink of water and help eliminate water overflow.

Spreading a layer of organic mulch around plants retains moisture and saves water, time and money.

Use a broom instead of a hose to clean your driveway and paths and save water every time.

Water your plants deeply but less frequently to encourage deep root growth and drought tolerance.

Share water conservation tips with friends and neighbours.

Be sensible In The Kitchen

One more way to get eight glasses of water a day is to re-use the water left over from cooked or steamed foods to start a delicious and nutritious soup.

Be sensible In On Holiday

Consider re-using your towels while staying in a hotel and even at home.



There are lots of ways to save water & they all start with you!

Why not have some fun with the kids and teach them about water conservation... after all it is their future!

Captain Squirt and his foot soldiers Drop & Drip have created this word puzzle to help you along

Find these words in the word puzzle;

Nozzle, Hose, Short Showers, Fix Leaks, Timer, Broom, Native Plants, Water Deeply, Adjust Sprinklers, Use Mulch

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
A	S	R	E	L	K	N	I	R	P	S	T	S	U	J	D	A
B	T	U	Q	A	Z	B	Y	R	F	C	N	K	I	O	L	M
C	N	I	S	H	O	R	T	S	H	O	W	E	R	S	N	P
D	A	B	X	E	T	G	C	E	A	L	Z	L	I	J	M	K
E	L	Q	Z	U	M	B	A	O	V	L	P	Z	Y	V	I	S
F	P	X	Z	J	I	U	M	Y	U	E	Q	Z	E	S	K	K
G	E	U	B	V	M	X	L	J	M	C	C	O	V	X	E	A
H	V	Z	O	K	O	A	U	C	R	T	W	N	P	L	M	E
I	I	U	N	R	O	E	X	W	H	R	L	E	P	J	C	L
J	T	I	M	E	R	S	W	E	P	A	C	S	I	R	E	X
K	A	A	B	C	B	Z	T	E	P	I	C	O	I	R	E	I
L	N	V	E	P	I	U	H	V	J	N	L	H	O	X	E	F
M	X	M	W	A	T	E	R	D	E	E	P	L	Y	R	I	S